

Salad Dressing: 59 Healthy Homemade Salad Dressing Recipes For Vegetarian, Vegan, And Plant Based Diet. No Oil. No Mayo. No Vinegar. (Healthy Recipes. Healthy Cookbooks To Keep In Your Kitchen.)

Mila Jacobs

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Healthy Salad Dressing Recipes. No oil. No mayo. No vinegar. How is that even possible to make a salad dressing without those main ingredients? This book will show you healthy recipes that are easy to make at home. Are you tired of store bought salad dressings packed with nothing but suspicious ingredients and preservatives? Would you like some fresh tasty dressings for your salads? How about making salad dressings from scratch, at home, with natural ingredients? But not just that! Recipes in this book do not contain oil, vinegar, dairy, and even mayonnaise! "But how is that possible? How would you even make a dressing without staple ingredients?" - you would ask. Well, let me show you the way to yummy, healthy dressings. All recipes are vegetarian, and will be perfect for those following a plant based diet. Salad Dressing: Top 59 Healthy Homemade Salad Dressing Recipes For Vegetarian, Vegan, And Plant Based Diet. No Oil. No Mayo. No Vinegar. Healthy Recipes. Healthy Cookbooks To Keep In Your Kitchen.

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