



Toddler 411 5th edition: Clear Answers & Smart Advice for Your Toddler

Dr. Ari Brown, Denise Fields

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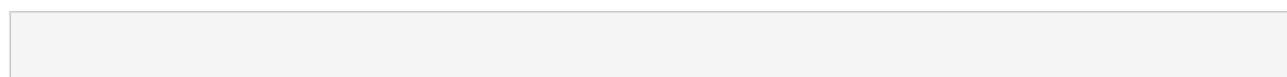
You've made it! Your baby has turned one! Now the real fun begins. From temper tantrums to toilet training, raising a toddler brings its own set of challenges and questions — and Toddler 411 has the answers. Following on the heels of the best-seller Baby 411, Toddler 411 bottles the wisdom of parents who've "been there, done that" . . . and combines it with solid medical advice from an award-winning pediatrician. Inside, you'll learn:

- ✦ The truth about The Terrible Twos—and how to raise a well-behaved child without going insane.
- ✦ Picky Eaters—learn how to cope . . . and convince your child to eat something besides Goldfish crackers.
- ✦ Toilet train your toddler in just one day. No, that's not a typo—learn the Zen of Toilet Training, when to start and how to make it work.
- ✦ What's normal—and what's not when it comes to your toddler's growth and development. Spot the early clues for autism and other red flags.
- ✦ Simple steps and smart advice to avoid environmental hazards. The most up-to-date, evidence-based health info for you and your toddler!

This new 5th edition is revised and expanded with new content:

- 1. Cow's milk and dairy alternatives** Safety, health and nutritional needs.
- 2. Picky Eater Primer** More tricks and tips for dealing with picky eaters!
- 3. Food allergies on the rise.** A special section on food allergies and gluten sensitivities.
- 4. Preschools:** When to go, why to go!

All this and more in the new Toddler 411!



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Frank Jorge:

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