



The Modern Management of the Menopause: A Perspective for the 21st Century (International Congress, Symposium, and Seminar Series)

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Currently, the menopause and women's health are of rapidly growing concern worldwide. There is immense scientific interest in this field of healthcare and there is little doubt that menopause is to be recognized as one of the major health issues of our time. Today, the population growth of several developing countries is mainly among those over 50. In the developed world already, 15-20 percent of the population are women over 50. This book summarizes the most important lectures from invited speakers who gave addresses at the VIIth International Congress of the Menopause. It covers vital aspects of middle-aged life by many of the leading researchers in the field, including demographic alterations, socio-cultural aspects, health perspectives and guidelines for the management of the menopause in the future. This compilation should be of interest and help for all those who are dedicated to research, health and education within the field of the menopause.

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