



Religion and Mental Health

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This is an interdisciplinary collection of previously unpublished papers on the controversial relationship between religious behavior and mental health. Schumaker has assembled a distinguished international roster of contributors--sociologists and anthropologists as well as psychiatrists and psychologists of religion--representing a wide range of opinions concerning the mental health implications of religious belief and practice. Taken together, the papers provide a comprehensive overview of theory and research in the field. Included are papers on the interaction of religion and self-esteem, life meaning and well-being, sexual and marital adjustment, anxiety, depression, suicide, psychoticism, rationality, self-actualization, and various patterns of anti-social behavior. Religion is also dealt with in relation to mental health of women, the elderly, and children. Contributions dealing with mental health in non-Western religious groups add an important cross-cultural dimension to the volume.

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