

Zen Is Right Here: Teaching Stories and Anecdotes of Shunryu Suzuki, Author of "Zen Mind, Beginner's Mind"



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Shunryu Suzuki's extraordinary gift for conveying traditional Zen teachings using ordinary language is well known to the countless readers of *Zen Mind*, *Beginner's Mind*. In *Zen Is Right Here*, his teachings are brought to life powerfully and directly through stories told about him by his students. These living encounters with Zen are poignant, direct, humorous, paradoxical, and enlightening; and their setting in real-life contexts makes them wonderfully accessible.

Like the Buddha himself, Suzuki Roshi gave profound teachings that were skilfully expressed for each moment, person, and situation he encountered. He emphasized that while the ungraspable essence of Buddhism is constant, the expression of that essence is always changing. Each of the stories presented here is an example of this versatile and timeless quality, showing that the potential for attaining enlightenment exists right here, right now, in this very moment.

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