



My Daughter is Cold: Hope and Inspiration for Being a Supportive and Strong Parent of a Teen in Today's Society

Marie Belle

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When it comes to teenage children, and competing with things like social media, smart phones and peer impressions, parents are typically lower on the popularity totem pole. As scores of outside influences can place enormous strains on parent and teen relationships, parents can very easily find themselves on an emotional roller coaster, overwhelmed, overextended, grasping for solutions, and in some cases, joining ranks with so many other parents, relatives, families, friends, communities and agencies who deal with the prevailing reality of towering juvenile delinquency concerns in America. Being one of those parents, author Marie Belle recounts her experiences in the story, *My Daughter is Cold*, as she takes readers on a compelling parenting journey filled with attestations of endurance, survival, determination, hope and encouragement for anyone else who is or may be in the future simply trying to raise a teen in today's society.

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