



# The Sophisticates Guide To Life

*Kimberly Cass*

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# The Sophisticates Guide To Life

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## **The Sophisticates Guide To Life** Kimberly Cass

A stylishly smart book for today's modern woman. This is an essential girlfriend's-guide style book with a little humor mixed in. The author offers real, no-nonsense advice designed to enlighten, educate and inspire women. In this book is earthy bits of wisdom, quizzes, celebrity quotes and lists as they cover topics from self image, to sex, to business to entertaining tips and ideas. All of this wraps up with thoughts on being authentic and happy in our lives. Bonus journaling section. Author, Kim Cass has been described as "Carrie Bradshaw meets Oprah" because of how she merges empowering psychology tips with edgy humor and stylish graphics. Topics/themes: Women's Empowerment Self Image Sex and Love Female Friendships Being successful in Business Finding Inner Happiness Tips for Social Situations Effortless Entertaining Achieving Your Dreams

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