

The Great Life Redesign: Change How You Work, Live How You Dream and Make It Happen ... Today

Caroline Cameron

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Do you feel like you're working harder than ever but seemingly getting nowhere? Maybe it's taking far longer than you hoped it would. Rest assured, you're not alone. While the 21st-century information age has given us instant access to seemingly everything, it's also created unbearable pressure. With rarely enough hours in each day, stress and anxiety are rising at alarming levels with no end in sight.

It's time to stop and consider a better way to live. How would your life be if you were free of the shackles currently pinning you down? We renovate our houses, why not our lives?

The Great Life Redesign is an inspirational yet practical guidebook to reshape the life you have and create one you'll love. The practical, simple to apply techniques and inspiring personal stories included in this book will show you how.

Learn the secrets of one-on-one coaching with executive, career and lifestyle coach Caroline Cameron. Based on her own personal life changing experiences as well as those of many other successful life redesigners, she steps you through the simple process of creating the life you really want.

Key features:

- Creates a blueprint for making real and actionable change including career, relationships, wealth and finances, health, home, personal growth, environment, leisure and spirituality.
- Helps you instantly repair parts of your life that could be better and produce your step-by-step plan for a major life renovation.
- Fluff-free, action focused, tried and tested techniques supported by over 30 real and inspiring personal life redesign stories.
- You don't have to be a trust fund kid or savvy entrepreneur to redesign your life this book shows you how.

Written for professionals, burnt-out city slickers, corporate refugees, disillusioned 30-somethings, dedicated parents who want the best for their kids, mid life crisis sufferers, baby boomers whose retirement dreams evaporated in the GFC and anyone who suspects that there's more to life but don't know what it is or how to get it.

Even if you're in a good place in your life, chances are you know someone who isn't. Buy them *The Great Life Redesign* to get them out of that rut and into a life they'll love.

Testimonials:

"Why isn't my life the way I want it to be?' Rephrase this to 'What can I do to make my life the way I want it to be' and you have this book. A practical and effective guide to helping ordinary people do extraordinary

things. No over the top enthusiasm but inspiring, good straight forward advice to help people stop procrastinating and make life the best it can be." Genevieve Hawkins

"Caroline Cameron does a great job at explaining how to simplify life in the 21st century. While I am on the younger end of the spectrum from just finishing college and currently trying to find a job in the field in which I studied, the lessons are still relevant. Foresight is a good thing and if I can possibly prevent some of the scenarios Cameron describes or catch them before it becomes difficult to change, all the better. The rat race is more universal than we may believe and hopefully some of those caught in it can read this book and find a way to get out." Emily Mishler, Goodreads



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Frances Oberlin:

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Kimberly Niemeyer:

Exactly why? Because this The Great Life Redesign: Change How You Work, Live How You Dream and Make It Happen ... Today is an unordinary book that the inside of the book waiting for you to snap that but latter it will surprise you with the secret the item inside. Reading this book alongside it was fantastic author who all write the book in such wonderful way makes the content interior easier to understand, entertaining way but still convey the meaning fully. So , it is good for you because of not hesitating having this ever again or you going to regret it. This book will give you a lot of advantages than the other book include such as help improving your ability and your critical thinking means. So , still want to hold off having that book? If I had been you I will go to the publication store hurriedly.

Jocelyn Lee:

Playing with family in the park, coming to see the marine world or hanging out with close friends is thing that usually you will have done when you have spare time, subsequently why you don't try point that really opposite from that. 1 activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition info. Even you love The Great Life Redesign: Change How You Work, Live How You Dream and Make It Happen ... Today, it is possible to enjoy both. It is excellent

combination right, you still need to miss it? What kind of hang-out type is it? Oh occur its mind hangout guys. What? Still don't understand it, oh come on its identified as reading friends.

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