



# Secrets of Shamanism: Tapping the Spirit Power Within You

*Jose Stevens, Lena S. Stevens*

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For untold centuries, the shaman was the tribe's most revered and respected member, possessing the unique ability to tap into the universal source of wisdom by journeying deep within the self -- seeking, and finding, answers to pressing questions, achieving profound understanding by avoiding the stumbling blocks of the outer material world.

Developing techniques for communicating with the innermost world of the spirit can be a valuable boon in these modern times with their contemporary problems and concerns. Through a series of easy-to-follow exercises, lessons, and rituals, psychologist Jose Stevens and wife, Lena, can show you how to identify your inner spiritual guides -- and how, through a unique and powerful communication with them, you can achieve undreamed-of professional success, psychological enlightenment, and personal fulfillment ... and completely change the way you live your life.

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