



# Growing Up In Alcoholism, Violence & Dysfunction: Listening To My Inner Child

*Michael Williams*

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# Growing Up In Alcoholism, Violence & Dysfunction: Listening To My Inner Child

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**Growing Up In Alcoholism, Violence & Dysfunction: Listening To My Inner Child** Michael Williams  
This Book is a 2nd Edition of "Earning My Parents Love" Trying to Grow Up In Alcoholism, Violence & Dysfunction. There is a new back cover, preface, title, sub title & other changes that more effectively communicate the essence of the story. The story is told by the inner child. Rarely is the story of adult children of alcoholics told from the child's point of view and in the voice of our inner child. Yet, it is the inner child who suffers the most enduring consequences. Reading this story is listening to the heart and mind of our inner child. This is the story of an adult child of alcoholism, violence and dysfunction as our inner child needs to tell it. In understanding this story we proceed in empathy, kindness, affection and concern for the child who endures suffering. This story is amazing because it is told from the viewpoint of being in the experience as a child. The full childhood of an adult child of alcoholics is laid open to the reader's examination. We get to hear the inner child in its unique uncensored form. A childhood in dysfunction and especially violence and alcoholism is the experience of the unworthiness of the inner child. Until the child is listened too, and understood all else becomes an inadvertent repeat of the same dysfunctional childhood because once again no one is attending to the inner child's needs to be at least heard. The collective experiences of the inner child resonate within all readers of this book however especially for adult children of alcoholics, violence and dysfunction. Defense mechanisms are formed in childhood as a result of childhood. Those consequences continue throughout an adult-child's life and left untreated tend to worsen. This book makes the reader cry however it also makes the reader laugh. In short, it allows the reader to feel, and feeling was often something denied to most children in dysfunctional, violent or alcoholic situations. The origins of co-dependence are seen in this book because within the story the struggle of the inner child who is unceasingly attempting to earn the approval of parents who are rarely if ever emotionally available is so obvious. The author grew up in a home of alcoholism, violence, and dysfunction; yet, had no idea this experience created its own evolving trauma. Trauma separates the spirit of the inner child in the most profound way from itself. The reading of this story becomes a genesis for the reunification of the mind, heart, and spirit of our inner child.

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Playing with family in the park, coming to see the coastal world or hanging out with friends is thing that usually you might have done when you have spare time, in that case why you don't try factor that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Growing Up In Alcoholism, Violence & Dysfunction: Listening To My Inner Child, you could enjoy both. It is fine combination right, you still wish to miss it? What kind of hang-out type is it? Oh can happen its mind hangout folks. What? Still don't have it, oh come on its named reading friends.

#### **Rose Duprey:**

This Growing Up In Alcoholism, Violence & Dysfunction: Listening To My Inner Child is great publication for you because the content which can be full of information for you who also always deal with world and have to make decision every minute. That book reveal it information accurately using great arrange word or we can state no rambling sentences included. So if you are read this hurriedly you can have whole information in it. Doesn't mean it only provides you with straight forward sentences but difficult core information with wonderful delivering sentences. Having Growing Up In Alcoholism, Violence & Dysfunction: Listening To My Inner Child in your hand like obtaining the world in your arm, details in it is not ridiculous just one. We can say that no book that offer you world in ten or fifteen second right but this guide already do that. So , this is good reading book. Hey there Mr. and Mrs. stressful do you still doubt in which?

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#### **Thomas Rojas:**

That book can make you to feel relax. This book Growing Up In Alcoholism, Violence & Dysfunction: Listening To My Inner Child was colourful and of course has pictures on there. As we know that book Growing Up In Alcoholism, Violence & Dysfunction: Listening To My Inner Child has many kinds or genre. Start from kids until young adults. For example Naruto or Private investigator Conan you can read and believe that you are the character on there. Therefore not at all of book tend to be make you bored, any it

offers up you feel happy, fun and rest. Try to choose the best book to suit your needs and try to like reading this.

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