



Naked Lens: Video Blogging & Video Journaling to Reclaim the You in Youtube

Michael Sean Kaminsky

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Online video is the powerful expressive tool that transforms the way we communicate. Journaling is the time-proven practice that ignites creativity and inspires change. *Naked Lens* combines both and offers an exciting new experience of video...and life.

Are you ready?

Grab your mobile phone, camcorder, or whatever shoots video, and get ready to reclaim the YOU in YouTube.

***Naked Lens* guides you through a unique eight-week work shop where you will learn how to:**

- **Become comfortable on camera**
- **Develop presence...on camera and off**
- **Deeply connect to your audience**
- **Use video journaling to heal and change yourself and others**
- **Develop your authentic video voice and increase self-expression**
- **Use online video to enhance business and career growth**
- **Use camera framing and angles confidently and creatively**
- **Create your own authentic on-camera style**
- **Jump ahead of the online video revolution and become part of its evolution**

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