



**The Dark Side of Relationships: The systems of the  
Psychic War on humanity, how every relationship  
is affected and what you can do to stop it. (Dr.  
Mark Kailing's Self Mastery Lecture Series Book  
7)**

*Mark F. Kailing PsyD, LaDena Kailing*

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Imagine you are sitting in a small lecture room listening to profound ideas about human nature and how to effectively strengthen every area of your life. These deep topics are taught in an environment of love and concern for you. They are explained so simply that you are able to come to your own conclusion about each subject quickly. That is what the Self Mastery Lecture Series is.

This book is one of several from the Self Mastery Lecture Series, transcribed from recordings taken in 2011. Mark Kailing battled cancer during that time, but continued his weekly lectures. Dr. Kailing was a Psychologist for 16 years serving clients in California, Nevada and Utah. He loved to teach. During his education a professor taught him, "You don't truly understand something until you can explain it simply". This led Mark to develop simplified theories on life, personality, the Universe, truth, core fears and more. His ability to make the profound simple is what made him a great teacher and leader. Dr. Kailing lectured to thousands of students and clients over the years. His self-mastery lecture series was one of his greatest accomplishments. He always lectured with a big smile on his face and spark in his eye. He was inspired by those who also desired to grow and improve in life.

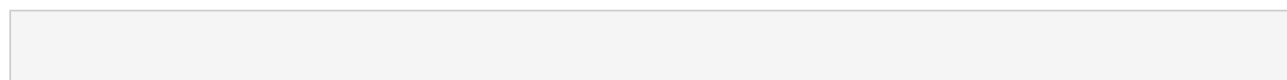
Dr. Kailing passed away on May 21, 2013 after battling cancer for three and a half years. His example and influence have been felt by countless family, friends, clients, and colleagues. At the time of his death, he and LaDena had been married for 21 years and were raising their five children, Andrew (16), Aubrielle (15), Ammoriah (12), Ava (8) and Amari (4) in a home filled with adventures and love.

"I have attended Mark's Self-Mastery lectures for over four months. His testimony, insights and philosophies have expanded my perspective and strengthened me so much it is difficult for me to express." Tex Keen, Mendon, UT

"I was only able to attend one of Mark's lectures, but it changed a portion of my life forever." Jenn Morris, Logan UT

"Simply put, Dr. Mark saved my life. Everyone should read these books. Not only read them, but really think about the magnitude of what is being said. Try to apply it in your life. The results will speak for themselves. I knew Mark and greatly miss our conversations. These books are his voice now...listen to him." Curtis Bankhead, Logan, Utah

"Mark's words are truly inspired! Each paragraph is so profound, I have learned so much! Thank you, thank you, thank you!!!" -Christopher Hostetter, Salt Lake City, UT



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**Estelle Hicks:**

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