



# Prison! My 8,344th Day: A Typical Day in an Ongoing Journey

*Michael G. Santos*

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## **Prison! My 8,344th Day: A Typical Day in an Ongoing Journey** Michael G. Santos

Michael Santos served 9,500 days as a federal prisoner. This book shows readers one of those typical days during his 23rd year in confinement. It reveals thoughts he had from the moment he opened his eyes until the moment he went to sleep. Michael helps readers understand the discipline necessary to overcome the indignities of imprisonment. He shows how he lived a values-based, goal-oriented life while living inside a culture designed to extinguish hope. The deliberate path that he pursued empowered him, bringing a high level of energy and discipline. It carried him through longer than a quarter century in prison, allowing him to earn an undergraduate degree and a master's degree while incarcerated. This book shows readers how they can use the same strategies to reach their highest personal potential, regardless of external circumstances.

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Playing with family inside a park, coming to see the marine world or hanging out with friends is a thing that usually you will have done when you have spare time, then why you don't try something that is really opposite from that. One activity that makes you not feel tired but still relaxing, thrilling like on a roller coaster you have been riding on and with additional details. Even you love Prison! My 8,344th Day: A Typical Day in an Ongoing Journey, it is possible to enjoy both. It is a great combination, right, you still want to miss it? What kind of hangout type is it? Oh, it can happen in its mind hangout guys. What? Still don't have it, oh come on, it's referred to as reading friends.

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