



When Peanuts are Poison: The Quick-Start Guide to Managing Your Child's Peanut Allergy

Stephanie H. Gatewood

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If a child you care about is allergic to peanuts, this book is for you. Written by a mom of two children with life-threatening peanut allergies, the book guides you step by step through creating a safe home environment, assembling your child's emergency medication kits, and ensuring your child's school or daycare is equipped to manage your child's allergy. You'll learn the crucial information you must teach your peanut-allergic child, as well as how to cope with your own feelings about your child's allergy; get friends and family to cooperate with you to minimize your child's risk of being exposed to peanuts; and safely navigate life events, such as birthday parties, holidays, airline travel, and eating out. Also included are a glossary, checklists, tips to save you time and to help prevent you from making mistakes, a list of other helpful resources, and more.

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