



# Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey

*April-Ria Qureshi, Jennie T S Choban*

Download now

[Click here](#) if your download doesn't start automatically

# **Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey**

*April-Ria Qureshi, Jennie T S Choban*

**Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey** April-Ria Qureshi, Jennie T S Choban  
Over 1,000 books sold!

Woven throughout this Ukrainian recipe book are heartwarming stories of Jennie Choban's fascinating life. She was only a young child when she and her family fled Ukraine in 1944, dodging bombs and Communists trekking through Romania, Hungary and Austria.

Kapusta or Cabbage is much more than a cookbook. It's a Mother and Daughter Historical and Culinary Journey. The poignant and funny stories span 4 generations with healthy, delicious recipes from Europe to Canada.

Get tips and techniques for making the best Ukrainian recipes including: cabbage rolls, cabbage soup, sauerkraut, borscht, kielbasa recipes and many fascinating recipes and innovative ways to cook with cabbage, cornmeal and beets.

Woven throughout this book are tales of a young girl's life in war-torn Europe, as she and her family are forced by the Bolsheviks to flee their homeland in the Steppes of Ukraine across the Carpathian mountains and into Displaced Persons (DP) camp in Nazi Germany, near the Black Forest, where they settled until the end of World War II.

Later, after a harrowing sea journey across the Atlantic to freedom we find Jennie and her family settled safe in Lachine, Quebec, Canada where Jennie finds out what it's like to be Canadian while still holding onto her family's Ukrainian roots.

Recipes included in this book are tried and true, authentic Ukrainian family recipes, such as: Cabbage rolls, cabbage soup, borscht (Ukrainian beet soup), sauerkraut, fried cabbage, gnocchi, and other delicious classic recipes.

Daughter April-Ria, a professionally trained chef, also includes mouthwatering recipes such as: boeuf burgundy, lemon and ginger rice soup, chicken a la crème, Moroccan lamb medallions, saffron rice and many more.

PRAISE for Kapusta or Cabbage:

"...quips that fly, cross-cultural and cross-generational come alive."  
Marney Beck, Toronto Star

"...is a funny adventure in day-to-day living...sort of an ethnic Erma Bombeck."  
Vicki Gilhula, Northern Life

"...irony so well conceived, I didn't know whether to laugh or cry."

Roy Green, The Era-Banner

OTHER GREAT TITLES IN THIS SERIES...

MORE Kapusta or Cabbage <http://www.amazon.com/dp/B00HET2PKS>

 [Download Kapusta or Cabbage: A Mother and Daughter Historic ...pdf](#)

 [Read Online Kapusta or Cabbage: A Mother and Daughter Histor ...pdf](#)

## **Download and Read Free Online Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey April-Ria Qureshi, Jennie T S Choban**

---

### **From reader reviews:**

#### **Deborah Brantley:**

Have you spare time for the day? What do you do when you have a lot more or little spare time? Yep, you can choose the suitable activity regarding spend your time. Any person spent their very own spare time to take a wander, shopping, or went to often the Mall. How about open or read a book eligible Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey? Maybe it is being best activity for you. You know beside you can spend your time with your favorite's book, you can cleverer than before. Do you agree with it is opinion or you have some other opinion?

#### **Jillian Diaz:**

The particular book Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey has a lot associated with on it. So when you check out this book you can get a lot of profit. The book was compiled by the very famous author. This articles author makes some research before write this book. This kind of book very easy to read you may get the point easily after reading this book.

#### **Douglas Johnson:**

In this era globalization it is important to someone to receive information. The information will make a professional understand the condition of the world. The healthiness of the world makes the information easier to share. You can find a lot of sources to get information example: internet, newspaper, book, and soon. You can observe that now, a lot of publisher this print many kinds of book. The actual book that recommended to you personally is Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey this e-book consist a lot of the information with the condition of this world now. This specific book was represented so why is the world has grown up. The dialect styles that writer use to explain it is easy to understand. Typically the writer made some analysis when he makes this book. That's why this book suited all of you.

#### **Shirley Pedro:**

Beside this kind of Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey in your phone, it might give you a way to get closer to the new knowledge or data. The information and the knowledge you will got here is fresh in the oven so don't end up being worry if you feel like an older people live in narrow community. It is good thing to have Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey because this book offers to your account readable information. Do you occasionally have book but you do not get what it's facts concerning. Oh come on, that won't happen if you have this inside your hand. The Enjoyable arrangement here cannot be questionable, just like treasuring beautiful island. Techniques you still want to miss the item? Find this book and also read it from currently!

**Download and Read Online Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey April-Ria Qureshi, Jennie T S Choban #WNR2ASI0E7M**

## **Read Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey by April-Ria Qureshi, Jennie T S Choban for online ebook**

Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey by April-Ria Qureshi, Jennie T S Choban Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey by April-Ria Qureshi, Jennie T S Choban books to read online.

### **Online Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey by April-Ria Qureshi, Jennie T S Choban ebook PDF download**

**Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey by April-Ria Qureshi, Jennie T S Choban Doc**

**Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey by April-Ria Qureshi, Jennie T S Choban Mobipocket**

**Kapusta or Cabbage: A Mother and Daughter Historical and Culinary Journey by April-Ria Qureshi, Jennie T S Choban EPub**