



My Baby: A Personal Record

J. France Posener

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A Comprehensive Resource to Coordinate the Daily Details from Cradle Through Childhood

As soon as the first baby arrives, parents quickly learn that organization is a thing of the past. You've conquered his or her feeding schedule and you even make it to the doctor for regular check-ups, but how do you remember who sent which gift or when your baby started to crawl? *My Baby* contains practical worksheets that are fun, simple, and efficient. This easy to use journal covers everything you need to remember, including:

- * Emergency telephone numbers--from the police and fire departments to neighbors and your pediatrician
- * Everything You'll Need for the Delivery and After--from a pair of warm socks to lip balm
- * Baby shower gift list
- * Keepsake letters from parents to baby
- * List of baby's milestones--a first smile, tooth, ice cream cone, and haircut
- * Daily feeding schedules
- * Medical records, doctors' appointments, and immunizations
- * Illness checklists--from ear infections and the flu to allergies and chicken pox
- * Child safety reports that contain a current photo, finger prints, weight, height, and eye color
- * Nanny questionnaire, day care facility questions, and babysitter instructions
- * Clothing charts with recent sizes for bathing suits, shirts, and shoes

So whether your asking day care facilities about their drop-off procedure or planning an adventure on your child's "wish list," this journal will allow you to remember both your child's everyday activities and the extraordinary moments you encounter along the way.

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