



Borderline Personality Disorder: The Latest Assessment And Treatment Strategies

Melanie A. Dean

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For some 5 to 16 million Americans, borderline personality disorder (BPD) is a pervasive pattern of instability that begins early in life. What are the three subgroups of BPD? How do you differentiate BPD from other disorders? What is the likelihood of recovery? Is group or individual therapy more effective? What environmental, genetic, and biological influences may cause BPD? How do medications impact BPD symptoms? This book will help answer these and many other questions. At-a-glance features include 7 typical characteristics of those with BPD, Differential diagnostic concerns, Treatment strategies for interpersonal, cognitive, dialectical behavior, and group therapy, 13 predisposing factors for suicide, 4 psychometric assessment tools, New self-report and interview instruments, Treatment dialog examples for various theoretical approaches, Comparison table of 6 classes of medications used to treat BPD and 6 key relapse prevention treatment strategies.

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