



Workplace Trauma: Concepts, Assessment and Interventions

Noreen Tehrani

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How can organisations defend their employees against psychological trauma?

Post-traumatic stress is a topical subject of increasing importance. Yet much of the writing on this subject so far has concerned stress suffered by people exposed to serious turmoil such as war and ethnic conflict.

Workplace Trauma is an extremely welcome presentation of the subject of stress in the workplace.

This book explores the ways that traumatic events impact the psychological well being of organisations and their employees. The effects of disasters, accidents, crime, injury and death are examined alongside examples of organisational trauma care programmes and reviews of the current thinking regarding post trauma interventions. The insights generated are illustrated with case studies from the author's extensive experience of counselling victims of trauma at work.

The theory, research and practical advice contained in this volume will prove a valuable resource for organisations and practitioners seeking guidance on reducing the impact of psychological trauma.

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