



Six Keys to Creating the Life You Desire

Mitch Meyerson

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Six Keys to Creating the Life You Desire offers practical, step-by-step techniques that will help you follow through on your dreams and achieve the success you want. While taking personal inventory of the core beliefs that might be preventing you from being satisfied with what you already have, you will learn skills you can use to relax and enjoy your life, recognize your accomplishments and affirm their true value. A weekly success plan is detailed in the book's final chapters to help you maintain momentum and achieve the results you desire.

You can visit the authors at their Web site www.sixkeys.com.



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