



# The Trouble with Truth: A Memoir

*Elizabeth Kelly Stephenson*

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## **The Trouble with Truth: A Memoir** Elizabeth Kelly Stephenson


A riveting, brilliantly written debut memoir, *The Trouble with Truth* is a story of hope and transformation, of family and forgiveness.

Beth Kelly feels trapped in a continuous cycle of destructive relationships. First there's Roland, the uncomfortably handsome ski instructor who turns out to be a liar and a drunk, fully capable of threatening Beth with a gun to prevent her from leaving him.

Breaking free from Roland after she makes a failed suicide attempt, Beth meets tight-lipped Sam, who is, sadly, Roland redux. Meanwhile, Roland still calls whenever he needs money, twisting Beth's emotions for his own gain.

Beth seems doomed to continue making self-destructive choices, both in her relationships and career, until renowned therapist and author Jean C. Jenson (*Reclaiming Your Life*) changes everything. Jenson helps Beth see the world truthfully, a painful process but ultimately one that liberates Beth. As Jean notes, "The truth will set you free. But first it will make you miserable."

Skillfully blending setting, scene, and action with memorable characters, (*The Trouble with Truth*) is a memoir unique in style and scope. A page-turning true story, often darkly comic, Beth shares her tale of family, love, loss, and truth in a clear and compassionate voice. (*The Trouble with Truth*) redefines the meaning of family and everything we've ever been taught to call "love." It spotlights the pitfalls of searching for love when you've never been loved and how our self-perceptions color how we love, forgive, and live.

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A lot of people always spent their particular free time to vacation or maybe go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity that's look different you can read a book. It is really fun for you. If you enjoy the book that you read you can spent all day long to reading a book. The book The Trouble with Truth: A Memoir it is rather good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. If you did not have enough space to create this book you can buy often the e-book. You can m0ore quickly to read this book out of your smart phone. The price is not very costly but this book offers high quality.

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