



Practical Ways to Simplify Your Life

Susan Stovall

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A practical guide to getting started on the journey to simplify life, reduce stress, focus on what matters most, and find joy along the way. Inspirations and insights on topics such as getting rid of clutter, organizing, simple gift giving, the importance of habits, creating a home sanctuary, the benefits of music, spending time in nature, and making a home budget are all included in this book, as well as some of the spiritual aspects of simplifying.

(Minor revisions made in 2015.)

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