



Midlife Manual for Men: Finding Significance in the Second Half

Stephen Arterburn, John Shore

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Ignore the midlife jokes and stereotypes and see the "middle" years for what they really are: the absolute best phase of life thus far.

You might not sense it yet, but all along your life, God has been showing and teaching you everything you need for a great second half. Sure, midlife can be unsettling. At a certain age, most guys do have a greater awareness of unfulfilled dreams, regrets, even their own mortality. But the positives far outweigh the negatives.

This profound and surprisingly funny audiobook, read by author and radio host Steve Arterburn, explores how your past and present - and all that you've tried to be - is exactly the raw material you need to become the man you want to be.

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