



How to Increase Your Baby's IQ: What Actions Raise IQ and How Many Points Each? (Ebook shorts)

Paul Silverstein

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A baby's developing brain is extremely responsive to external stimuli. Giving your baby the gift of a high IQ may be easier than you think. In *How to Raise Your Baby's IQ*, Paul Silverstein explores the scientific research on brain development and teaches parents how to raise a smart child and increase intelligence in their baby. He reveals the most effective things you can do to raise your baby's IQ while bonding with him or her in the process.

Learn how a child's diet at two years old makes a difference in their IQ six years later. Learn the times when your baby is most receptive to learning, and what you can do during that time to improve your baby's intelligence. Learn the surprising “ingredient” that increases the rate at which neural connections are made.

If you proactively increase your baby's IQ, you are giving them a gift for life. This crucial period of learning forms the basic neural connections on which all future learning is based. According to the National Institutes of Health, the first three years of your child's development are the most important in terms of brain development, creating an environment that will allow the child to develop logical thinking skills, cognitive skills, communication and language skills. Gain a better understanding of how to raise your child to their greatest mental capacity.

Paul Silverstein is the author of multiple books, including “How to Replace Bad Habits with Good Habits.” His summary style books give readers a lot of information in a concise and information rich format, without having to wade through long chapters and unusable material. He aims to give readers compact and relevant action steps, while avoiding the theories and long explanations that often plague other books.

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