

First Year of Marriage: The Newlywed's Guide to Building a Strong Foundation and Adjusting to Married Life

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Do you feel overwhelmed and completely unprepared for marriage? Is your first year of marriage filled with conflicts, disappointments, misunderstandings, and frustrations?

You are not alone.

We know how you feel because we have been there too. We have experienced the same struggles most newlyweds encounter. In this book, we share our struggles and how we **overcame adversity** to build the great marriage we have today.

If you are a newlywed, just got engaged, looking to remarry or improve your marriage, this book is for you. It's an indispensable guide for **building a strong foundation** and adjusting to married life. We wrote this book for all couples irrespective of sexual orientation or spiritual beliefs.

In this First Year of Marriage book, you will learn:

1. How to transform your mindset from I into We. 2. **Our simple and proven communication strategies that have helped many couples to communicate better.** 3. The glue that holds your marriage together. 4. **How to connect and grow together as a couple.** 5. How to be independent and interdependent without losing your identity. 6. **And much more!**

You can have the great marriage you both desire.

Imagine how amazing your marriage could be if you take the time to build a strong foundation. This book will help you build a resilient foundation for your marriage. It will provide you with the tools you need to nourish and grow your marriage to it's fullest potential.

Get your copy of this guide for newlyweds today.

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