



# **No Limits: The Powerful True Story of Leah Goldstein: World Kickboxing Champion, Israeli Undercover Police and Cycling Champion**

*Leah Goldstein*

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## **No Limits: The Powerful True Story of Leah Goldstein: World Kickboxing Champion, Israeli Undercover Police and Cycling Champion** Leah Goldstein

What happens when a person doesn't believe in any limitations? An internationally renowned professional cyclist, Leah Goldstein has raced towards finish lines all her life. Her life lessons however extend beyond her achievements on a bike?from a young World Kickboxing Champion, to a trainer of elite Israeli soldiers including the commandos; from breaking glass ceilings by entering Israel's Undercover Police Unit to breaking records as a professional athlete.

Having faced fear many times, Goldstein has learnt that no matter how genuine the actual danger we confront may be, we have two choices: fight or flight. Yet, some of us have fallen into a third, much more dangerous category, by simply freezing. We do nothing, and therefore risk neither failure nor success. Full of tragedies and triumphs, crashes and podiums, Leah Goldstein's life has been a long series of fights and even a few flights. Her fascinating story is not about being fearless but about being unstoppable.

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