

New Rational Therapy: Thinking Your Way to Serenity, Success, and Profound Happiness

Professor of Philosophy Elliot D Cohen



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Unlike classical approaches to rational psychology that only scratch the surface of what's deeply wrong in your life. What Your Therapist Won't Tell You gets to the core and offers you penetrating, philosophical anti-dotes for transcending your malaise, and for attaining an enduring, profound happiness.

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