



Help! I'm Depressed (LifeLine Mini-books)

Carol Trahan

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Help! I'm Depressed (LifeLine Mini-books) Carol Trahan

A small book helping people who are experiencing depression. Troubling thoughts flood my mind. I lie in bed alone, beseeching God on behalf of my three children. The tears come as I wonder why the Lord seems so far away and why prayers remain unanswered. Life seems so unfair. Why is it so hard? In the “depths of despair” I know I have a choice to make. Am I going to allow these feelings to destroy me?

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