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Dementia Behaviors

Diane Carbo



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One of the most difficult challenges any of us face with dementia care is not knowing what to do when difficult behaviors occur. An individual's personality is basically the way a person views and approaches the world. It is their natural disposition. Some individuals are always confident and outgoing. Their positive attitude allows them to try new things and adapt easily. Other individuals are more reserved and introspective. These individuals may be more timid about change, and may feel uncomfortable around unfamiliar people.

Some people like to be organized and efficient, while others are more relaxed about life. Individuals also vary in their expression of emotions and need for physical contact with others. When your family member is faced with living with dementia, the way they respond to their environment will depend on their personality. Some will try to fight the disease and may experience a lot of frustration as a consequence. Others, after diagnosis, become depressed and increasingly withdrawn.

For a family caregiver, understanding this will help you to respond to challenging behaviors in a way that is in tune with your family member's personality. For example, a retired elementary school teacher who likes to feel organized may feel more reassured if they are dressed early in the morning and have everything in order in their environment.

A recent study published in the American Journal of Geriatric Psychiatry titled "The Cache County Dementia Progression Study," by researchers at Utah State University in conjunction with Johns Hopkins, is the first published research to show that there is a correlation with aspects of the care environment and the rate of the progression of dementia. The use of the techniques in this book can have a positive impact on your family member and slow the progression of the dementia.

This book has been written to support and provide encouragement to the family caregiver/care partner. This guidebook will help you overcome the most common challenges of providing care and develop skills and strategies to deal with the challenging behaviors that can occur with dementia. This will decrease the stress and enhance the relationship of the family member with dementia as well as with their care partner.

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Catherine Benavidez:

Playing with family within a park, coming to see the ocean world or hanging out with buddies is thing that usually you may have done when you have spare time, in that case why you don't try issue that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Dementia Behaviors, you are able to enjoy both. It is very good combination right, you still would like to miss it? What kind of hang-out type is it? Oh can happen its mind hangout fellas. What? Still don't obtain it, oh come on its named reading friends.

Carmen Bell:

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