



# **Chakras For Beginners: How To Balance Chakras, Strengthen Aura And Use Chakra Healing To Achieve Health, Wealth And Happiness (Chakra, Chakra Balancing, ... Aura, Meditation, Chakras For Beginners)**

*Mark Neilson*

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## **Chakras for beginners - You Best Guide To Chakra Balancing and healing**

**Have you ever wanted to feel balanced, relaxed, whole and healthy all the time?**

The main purpose in working with the chakras is to create wholeness within yourself. In this way, you bring the various aspects of your consciousness from the physical to the spiritual, into a harmonious relationship. Ultimately, you will begin to recognize that the various aspects of your being all work together, and that each aspect is as much a part of the whole as the others. You must be able to acknowledge, integrate, and accept all levels of your being.

**Check Out All These Benefits Of Clearing and Balancing Chakras:**

- Increased awareness and openness to Psychic and Spiritual Information
- Faster and greater ability to heal your Physical, Emotional, Mental and Spiritual Issues
- Transform weaknesses into strengths
- Increased Passion for Life
- Increased manifesting ability to create what You want in life
- Access financial wisdom
- Enjoy healthy and loving relationships
- Greater pleasure and enjoyment in life
- Realization of your self worth
- Ease in experiencing Love and forgiveness of self and others
- Increase the health and strength of your immune system
- Recognition and increase intuition
- Express and release emotions in a healthy manner
- Increased personal integrity
- Attain self mastery
- Enjoy the clarity of a focused mind
- Live your Highest Life Path
- Clear communication of your heart and mind

## **In This Book You Will Find Explanations To:**

- What Are Chakras?
- Base Chakra
- Sacral Chakra
- Solar Plexus Chakra
- Heart Chakra
- Throat Chakra
- Brow Chakra
- Crown Chakra
- Observing Chakras

**Don't Spend Another Day Of Unfulfilled Life And Join The Chakra Community!**

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Tags: Chakra, chakras for beginners, chakra balancing, beginners, chakras, aura, energy, yoga chakras, chakra healing, chakra meditation, chakra clearing, mindfulness, chakras healing, self-help, Buddhism, Hinduism

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